| Monday | Tuesday | Wednesday | Thursday |
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| | Breakfast 8:00 a.m. Scrambled Eggs Banana Muffins Orange Wedges | Breakfast 8:00 a.m. Pancakes Sausage Applesauce | Breakfast 8:00 a.m. Scrambled Eggs Hashbrowns Cinnamon Rolls Bananas |
| Lunch Grilled Cheese Broccoli/Ranch Canned Pears or Peaches Cookie | Hiking Lunch Wheat Bread-Turkey Yellow Cheese-Lettuce Tomato-V.O. Hummus Carrots-Apple Ind.Chips-Granola Bar | Sack Lunch Wheat Bread-Turkey Swiss Cheese-Lettuce Tomato-V.O. Hummus Carrots-Apple Ind.Chips-Oatmeal Cookie | Lunch 11:45 Breaded Chicken Patty/Bun V.O. Veggie Burger Grapes Potato Chips Pudding |
| Dinner 5:45 p.m. Beef Taco Meat-Tortilla Lettuce-Tomato-Cheese Refried Beans Tortilla Chips Salsa-Sour Cream Ice Cream Bar | Dinner 5:00 p.m. Fajita Chicken & Rice Southwest Veg. Mix Teriyaki Sauce V.O. Rice,Quinoa & Veg. Caesar Salad Wheat Roll/Marg. Brownie | Dinner 5:00 p.m. Pasta w/White Beans Beef Meatballs Spaghetti Sauce Caesar Salad Garlic Bread Apple Crisp | |

Waskowitz Outdoor School Menu 2021 (Substitutions may occur due to Food Service Delivery Delays)